

Music for Choirs

Advent / Christmas

'Mam Bendithio' (Blessed Mother)

SSAA/SATB

Beautiful ancient plygain melody from Wales (Roedd yn y wlad honno), rearranged with original English words reimagining the Annunciation for the modern era.

Performed by choirs in Monmouthshire and Pembroke in December 2015, it created a spell-binding atmosphere in both locations. It works equally well in either arrangement.

Scored for SSAA or SATB unaccompanied.

The Woman lay alone, her bed thin wisps of straw, She shiver'd as the owl blew shrill. Her pillow was a stone, hard was the earthen floor, The frozen air was sharp and still

Light

Flooded her small space uncovering her face
And warming her as if by fire.
Her eyes grew wide with fear, she sensed a presence near
But no-one came to lift her load.

Her feet were cold as death, the nails rough, bloodied, torn Her wanderings had led her here. A stranger on the road is vulnerable to all; From hooded eyes she shed a tear.

Не

Came to her that night and soothed away her fright By warming her as if his own. She knew how it would be the sign He'd set her free: The Seed of God in Man was sown.

